|   | SUNDAY    | WEEK OFF | ·       |         |        |
|---|-----------|----------|---------|---------|--------|
| B |           |          | SHOPP   | NG LIST |        |
| L |           |          | 3113111 |         |        |
| D |           | PR       | ODUCE   | С       | AIRY   |
|   | MONDAY    |          |         |         |        |
| В |           |          |         |         |        |
| L |           |          |         |         |        |
| D |           |          |         |         |        |
|   | TUESDAY   |          |         |         |        |
| В |           |          |         |         |        |
| L |           |          |         |         |        |
| D |           | M        | 1EAT    | G       | RAINS  |
|   | WEDNESDAY |          |         |         |        |
| В |           |          |         |         |        |
| L |           |          |         |         |        |
| D |           |          |         |         |        |
|   | THURSDAY  |          |         |         |        |
| В |           |          |         |         |        |
| L |           |          |         |         |        |
| D |           | EDC      | OZEN    |         | MISC   |
|   | FRIDAY    | FRO      | ZLIN    |         | IVIIOC |
| В |           |          |         |         |        |
| L |           |          |         |         |        |
| D |           |          |         |         |        |
|   | SATURDAY  |          |         |         |        |
| В |           |          |         |         |        |
| L |           |          |         |         |        |
| D |           |          |         |         |        |

|   | SUNDAY    | WEEK OFF: |             |         |        |
|---|-----------|-----------|-------------|---------|--------|
| В |           |           | SHODDI      | NG LIST |        |
| L |           |           | 3110111     |         |        |
| D |           | PRO       | DUCE        | [       | DAIRY  |
|   | MONDAY    |           |             |         |        |
| В |           |           |             |         |        |
| L |           |           |             |         |        |
| D |           |           |             |         |        |
|   | TUESDAY   |           |             |         |        |
| В |           |           |             |         |        |
| L |           |           |             |         |        |
| D |           | ME        | · <b>AT</b> | G       | iRAINS |
|   | WEDNESDAY | 1412      |             |         |        |
| В |           |           |             |         |        |
| L |           |           |             |         |        |
| D |           |           |             |         |        |
|   | THURSDAY  |           |             |         |        |
| В |           |           |             |         |        |
| L |           |           |             |         |        |
| D |           |           |             |         |        |
|   |           | FROZ      | ZEN         |         | MISC   |
| В | FRIDAY    |           |             |         |        |
| L |           |           |             |         |        |
| D |           |           |             |         |        |
|   | SATURDAY  |           |             |         |        |
| В | SAIURDAI  |           |             |         |        |
| L |           |           |             |         |        |
| D |           |           |             |         |        |
|   |           |           |             |         |        |

| B<br>L      | SUNDAY   | WEEK OFF: | SHOPPING LIST |      |     |
|-------------|----------|-----------|---------------|------|-----|
| D           |          | PRO       | DUCE          | DAII | RY  |
| B<br>L<br>D | TUESDAY  |           |               |      |     |
| D           |          | ME        | AT            | GRA  | INS |
| B<br>L<br>D | THURSDAY |           |               |      |     |
|             | FRIDAY   | FROZ      | 'EN           | MI   | SC  |
| B<br>L<br>D |          |           |               |      |     |
| B<br>L<br>D | SATURDAY |           |               |      |     |

|             | SUNDAY        | WEEK   | OFF:    |          |  |
|-------------|---------------|--------|---------|----------|--|
| B<br>L      |               | SHOPPI |         | ING LIST |  |
| D           |               |        | PRODUCE | DAIRY    |  |
| B<br>L<br>D | MONDAY        |        |         |          |  |
| B<br>L<br>D | TUESDAY       |        |         |          |  |
|             | NA/EDNIEGD AV |        | MEAT    | GRAINS   |  |
| B<br>L<br>D | WEDNESDAY     |        |         |          |  |
| _           | THURSDAY      |        |         |          |  |
| B<br>L<br>D |               |        |         |          |  |
|             | FRIDAY        |        | FROZEN  | MISC     |  |
| B<br>L<br>D |               |        |         |          |  |
| В           | SATURDAY      |        |         |          |  |
| L<br>D      |               |        |         |          |  |

|             | SUNDAY    | WEEK | OFF:    |          |  |
|-------------|-----------|------|---------|----------|--|
| B<br>L      |           |      | SHOPPI  | ING LIST |  |
| D           |           |      | PRODUCE | DAIRY    |  |
| B<br>L<br>D | MONDAY    |      |         |          |  |
| B<br>L<br>D | TUESDAY   |      |         |          |  |
|             |           |      | MEAT    | GRAINS   |  |
| B<br>L<br>D | WEDNESDAY |      |         |          |  |
| B<br>L<br>D | THURSDAY  |      |         |          |  |
|             | FRIDAY    | ſ    | FROZEN  | MISC     |  |
| B<br>L<br>D | FRIDAT    |      |         |          |  |
| B<br>L<br>D | SATURDAY  |      |         |          |  |